



PRATIBIMB

April 2023-March 2024



Govt. Degree College, Paloura (Mishriwala)

Jammu-181206

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VISION

- Encouraging quality academic milieu to help students realize their intrinsic potential through a continuing commitment to world class academic standards.

MISSION

- To empower students and enable them to rise above all constraints.
- To impart quality education that has holistic application in totality of life.
- To provide value-based learning that has far greater relevance in a dynamic and ever-changing work environment.
- To produce graduates capable of responding to the challenges of life in every possible way.
- To ensure punctuality and discipline in the college.
- To strengthen the infrastructure of the college.

OBJECTIVES

- To provide quality education and create lifelong opportunities for all to prepare young students to thrive and compete in the new digital age.
- To encourage innovations and innovative mindsets with strong academia and industry commitment for acquiring and upgrading their skill according to societal needs.
- To promote local languages, literature, music, art and craft with the active partnership and engagement with community and the society.

ABOUT THE COLLEGE

Government Degree College Jammu City (Paloura) was established vide Government Order No. 269-HE of 2007 dated 20-12-2007 and it was decided that College would function in a newly constructed block of the Government Higher Secondary School, Paloura having two rooms. With the passage of time, requirements of the College increased and the authorities decided to shift the College from Higher Secondary School, Paloura to Govt. College of Engineering and Technology (GCET), Old University Campus, Canal Road, Jammu and subsequently the same got shifted to the said location on 6th of Oct. 2009. It continued to function in makeshift accommodation at Canal Road, Jammu till March 2018. The main building of the College was constructed and in April, 2018 the College finally shifted to its own campus at Mishriwala. The College is affiliated to University of Jammu and is a co-educational institution; recognized by UGC under section 2 (b) and 12 (f) of UGC act 1956. The College has successfully implemented NEP 2020, from 2022- 2023 session as per the guidelines of University of Jammu. The College offers courses in Arts and Humanities; Social Sciences and Science Stream.

Since GDC, Paloura aims for a holistic all-round development of its students so they are encouraged to participate in curricular and co-curricular activities. The College is proud of its qualified, competent and dedicated staff. Apart from teaching and academic work, the teaching faculty of the College organizes and takes part in national, international seminars, workshops and conferences. To keep themselves upgraded the faculty of the College also attends refresher, orientation and faculty development programs. The main building of the College comprises of 8 lecture halls, 5 laboratories, 1 first-aid-center and a well equipped library having books of different subjects. The College has taken digital initiatives by providing interactive panels in five class rooms and has also established one browsing center.

The College is in its growing phase and a new block having 8 lecture halls and 4 laboratories, canteen, new toilet block and a girl's hostel that can accommodate 270 girls will be started soon. The College is running quite successfully in Curricular and Co-curricular activities in general and academics in particular .

Principal's Message



It gives me immense pleasure to present to you the new issue of our college newsletter, Pratibimb. This edition captures the academic and cultural life of our institution reflecting the many initiatives and milestones that define our collective journey. The pages of this issue highlight the wide range of activities organized by various departments of our college, committees, clubs, and cells, each of which plays a vital role in enriching campus life.

From seminars, extension lectures, workshops, awareness drives to cultural programme, every activity reflects the spirit of teamwork, creativity and commitment that our college family shares. This issue also showcases the noteworthy achievements of our students and faculty in academics, sports or cultural endeavors each one a matter of pride for the entire institution.

Together these accomplishments affirm our mission to provide an environment that nurtures excellence, innovation and holistic development.

I extend my sincere appreciation to the editorial board for their dedication in bringing out this issue and to all contributors whose efforts and achievement it records. May this Newsletter serve as both a chronicle of our progress and a source of inspiration to continue striving for greater heights.

Dr. Kulvinder Kour
Principal

CONVENER'S MESSAGE



Every institution has a story to tell, and this issue of our college newsletter brings together many such moments in one vibrant collection. It is a bouquet of the many activities, events, and achievements that reflect the energy and creativity of our college community.

Despite facing some challenges, we have finally been able to bring out this issue, and it is a pleasure to present it to our readers. We hope it offers a glimpse of the lively spirit and accomplishments of our students and faculty.

I would like to thank our worthy Principal Madam, Dr. Kulvinder Kour for the constant encouragement and support. My sincere thanks go to my team members. I would like to extend my special thanks to two members of our technical team, Ms. Nisha and Ms. Diksha for their valuable assistance in bringing out this publication.

May this newsletter continue to inspire participation, creativity, and pride in our college community.

Best wishes and happy reading.

Prof. Geetanjali Multani
Convener, Newsletter Committee

EDITORIAL TEAM

Chief Patron: Dr. Kulvinder Kour (Principal)

Editor-In-Chief: Prof. Geetanjali Multani

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Prof. Joginder Kumar

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Prof. Nasar Ahmed

Prof. Poonam Rainu

Designed By: Ms. Nisha Sharma, Computer Assistant, GDC Paloura
Supporting Assistance: Ms. Diksha Sharma.

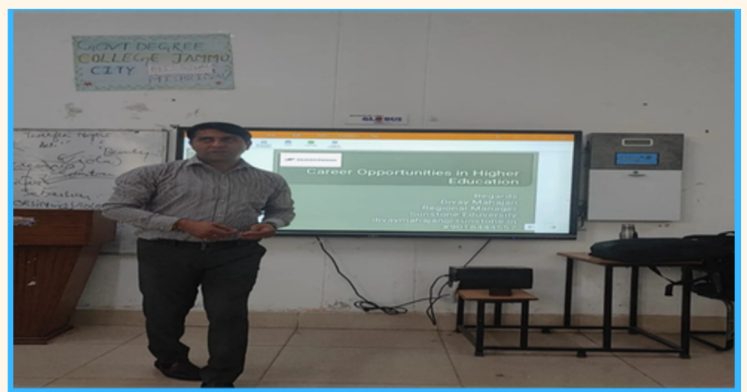


13.04.2023:- Department of English, GDC Paloura hosted an engaging Interactive Career Counseling Session regarding career prospects in Literature and Linguistics. Resource person for the interactive session was Dr. Reena Salaria, Head, PG Dept of Linguistics and Literature, School of Humanities and Liberal Arts Cluster University, Jammu.



19.04.2023:- Department of Environmental Sciences in collaboration with SDRF organized One day training programme for students of the College.

19.04.2023:- NSS unit of the College in collaboration with Placement Cell and Department of Education, GDC Paloura organized a lecture on Career opportunities in Higher Education. Divya Mahajan Regional Manager from Sunstone Eduversity was the resource person.



24.04.2023 to 30.04.2023:- NSS unit of GDC Paloura organized Seven Days Special Winter Camp in the adopted village on the theme "Survey of the Youth in the Age Group of 18-35, not in Formal Education and Regular Employment". The camp started with the orientation of the students regarding the survey followed by the data collection in 180 households of the adopted village. Finally the students compiled the data and report was submitted to the office of Programme Coordinator, University of Jammu.



26.04.2023:- Department of English, GDC Paloura organized a Two Day Extension Lecture for students of English Major Semester II on the topic “History of English Literature from Beginning to Shakespeare”.

The lecture was delivered by Ms. Geetanjali Multani, Associate Professor and Head, Dept. of English ,GDC Paloura.

27.04.2023:- NSS unit in collaboration with Department of Education carried out plantation drive in the College campus. Students planted various decorative, shade flowering and fruit trees in the college under “Each one Plant one and save one” initiative of the College.



MAY 2023



08.05.2023 to 17.05.2023:- NCC Cadets of the College attended a class on weapon training at ATC Nagrota.

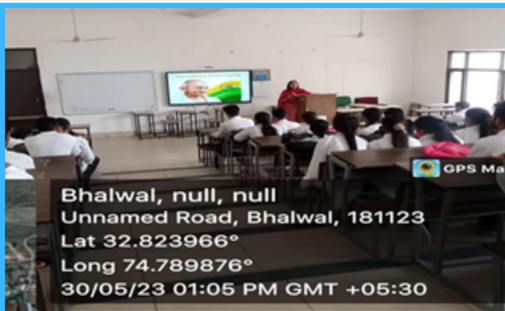


19.05.2023 to 20.05.2023:- NSS unit of the College carried out Two Days Plantation and Dweeding of plants in the College under, “Each One Plant One Save One” initiative of the College.



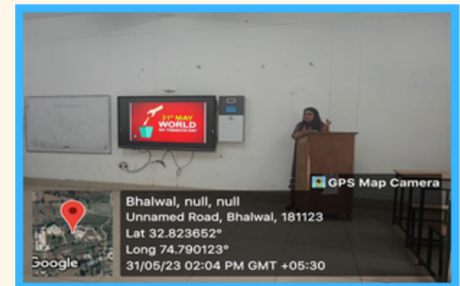
23.05.2023:-NSS unit in collaboration with Department of Education took up the initiative of making and hanging bird feeders in and around the College campus. This simple yet impactful act brought a touch of compassion & care to the environment offering relief to our feathered friends.

29.05.2023:- Heritage Awareness Programme was organized by GDC Paloura, Mishriwala, Jammu in association with INTACH Jammu Chapter with the aim to sensitise the young generation towards rich cultural heritage of the region. Mr. S.M. Sahani, Convener INTACH, Jammu Chapter outlined the foundational concept and the process leading to the establishment of organization namely Indian National Trust for Art and Cultural Heritage (INTACH) one of the largest NGO of the Nation dedicated to conserve the Cultural Heritage.



30.05.2023:- NSS unit in collaboration with Department of History organized Extension Lecture on Gandhian philosophy under Shikshit Bharat. Ms. Shikha Bhasin, Assistant Professor, History was the resource person.

31.05.2023: NSS unit in collaboration with NCC and Anti Tobacco Cell also organized Extension Lecture on “We Need Food Not Tobacco” under Nasha Mukat Bharat Abhiyaan on World Anti Tobacco Day. Dr. Pinki Manhas, Assistant Professor, EVS was the resource person.



JUNE 2023

03.06.2023:- An Awareness Programme on plastic waste management and poster making competition was held in the College. The aim of the program was to sensitize students about the harmful impact of plastic on the environment. The programme aimed to inspire responsible habits and ecofriendly choices among the youth.





03.06.2023 to 05.06.2023:- To celebrate World Environment Day NSS and NCC unit of the College organized a series of activities. A poster making competition on the theme "Solid Waste Management" and a plantation drive were conducted on the campus. Participants also took the "Lifestyle for Environment" pledge.

05.06.2023:- NCC Cadets planted trees in the College to beautify the College area.



14.06.2023:- Demonstrating their spirit of service, NCC Cadets of GDC Paloura actively participated and contributed to the blood donation camp by voluntarily donating blood. The blood donation camp was held at SPMR College, Jammu.

21.06.2023:- NSS unit and NCC girls Bn. of GDC Paloura organized Yoga Shivar in the College under the guidance of a Yoga expert, Mukesh Sharma. The aim of the Shivar was to promote physical well being ,mental peace and disciplined lifestyle among the cadets. A Pledge on the importance of Yoga was also taken.



26.06.2023:- NSS unit and NCC Girls in collaboration with Anti Tobacco cell and NCC 2 JK Girls Bn, organized Pledge and Extension lecture on ill impacts of Drug abuse. Dr. Pinki Manhas, HOD EVS was the resource person. She briefed the students about the ill effects of harmful drugs highlighting their impact on physical health, mental well-being and emotional balance.

JULY 2023



26.07.2023: To commemorate Vijay Diwas, NSS unit of GDC Paloura carried out extension of Rose Garden in the College campus with 100 new rose plants. The Rose garden was named as Shaheed Bua Ditta Park to pay homage to the martyr under Meri Matti Mera Desh Campaign. Family members of martyrs were also felicitated on the occasion.

26.07.2023:- NCC Cadet Sonika Sharma has been selected for CATC (TSC) obstacle training in Delhi.



AUGUST 2023



07.08.2023:- Pledge to donate organs was organized by NSS unit and NCC 2 JK Girls Bn on Angdaan Mahadaan Mahotsav.



08.08.2023:- Slogan Writing Competition was organized on the theme "Say No to Tobacco" under Mission Life by NSS unit of GDC Paloura.



09.08.2023:- Students and faculty members of the College came together to take the pledge on PANCH PRAN, inspired by the visionary call of our Hon'ble Prime Minister. The "Five Resolves" or "Panch Pran" serve as a guiding principle for building a strong, self-reliant and united India.

09.08.2023 to 14.08.2023:- A Series of activities including Essay writing and Poster Making were organized by NSS unit and NCC unit of GDC Paloura under Meri Maati Mera Desh campaign for five days.



15.08.2023:- Independence Day was celebrated with patriotic fervor, featuring flag hoisting, cultural performance and inspiring speeches by students and staff of the College. Some NCC Cadets of our College were selected for local RD parade at Jammu.



29.08.2023:- NSS unit in collaboration with NCC organized rally on Nasha Mukh Bharat Abhiyaan.

SEPTEMBER 2023

05.09.2023:- Teachers Day was celebrated with great enthusiasm where students honoured the faculty through heartfelt speeches and performances.





08.09.2023:- Anti Corruption Pledge was organized in the College where students and staff committed to uphold integrity and fight against corruption.



09.09.2023: Guest Lecture on Voluntarily Organ Donation organized in the college .



12.09.2023: Department of History GDC Paloura organized special screening of the film on Mahatma Gandhiji's life, offering students valuable insights into his principles of truth, non violence and patriotism. The event aimed to inspire the youth to follow Gandhian values in their lives.

16.09. 2023:- World Ozone day was celebrated in the College to raise awareness about ozone layer protection. The event was organized by Department of Chemistry of the College.



22.09.2023:- Hindi Pakhwada Seminar was organized on the topic "Hindi in NEP" at GDC Paloura. The event aimed to sensitize students about the importance of Hindi as our national language and its implication under NEP 2020. The entire programme was organized by Department of Hindi of the College.

28.09.2023:- Mega plantation drive was organized in the College campus under Meri Matti Mera Desh campaign by NSS and NCC unit in collaboration with Social Forestry Department. Painting competition was also organized on the theme 'Meri Matti Mera Desh'.





30.09.2023:- One Week Cleanliness Drive and collection of plastic waste was carried out under Clean India Programme 3.0 to commemorate Gandhi Jayanti by NSS unit. De-weeding of plants in College campus was also carried out.

OCTOBER 2023



02.10.2023:- NCC Cadets along with NSS Unit planted trees at various places in the College Campus.



20.10.2023: Internal Complaint Committee (ICC) and Women Development Cell of GDC Paloura, organized a lecture on Domestic Violence. The session was conducted by advocate Kiran Thakur. The lecture aimed at raising awareness and educating students on legal rights, prevention and support mechanism.

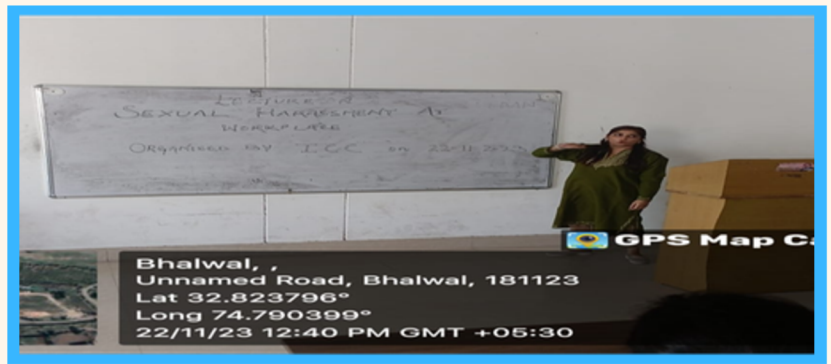
30.10.2023:- A Pledge on “Say No to Corruption” was organized in the College.

NOVEMBER 2023



06.11.2023:- The Anti-Ragging Awareness Program at GDC Paloura brought together students and faculty to foster a respectful and inclusive academic environment. The session featured an insightful lecture by Ms. Geetanjali Multani, Associate Professor and Convener Anti Ragging committee of the college. The lecture was followed by an interactive discussion where students were introduced to the Anti-Ragging Committee. All stakeholders committed themselves to stand against ragging for a safer and more supportive college experience.

22.11.2023:- A One Day Awareness Lecture on 'Sexual Harassment at Workplace' was organized in the college. The lecture was delivered by Ms. Pooja Sharma, Assistant Professor, Head of Department of Sociology of the College. The lecture aimed to raise awareness among students and staff about creating a safe and respectful work environment.



28.11.2023:- NSS volunteers and NCC unit gave their services at annual Jhiri Mela.

DECEMBER 2023

01.12.2023: Red Ribbon Club of GDC Paloura organized a Poster and Rangoli making competition to mark the celebration of World Aids Day under the theme: "Let Communities Lead".



23.12.2023: IQAC, GDC Paloura, organized One Day National Seminar on "Women Empowerment Key to Bharat's Development under the "Viksit Bharat@2047". The resource person for the Seminar was Dr. Suraj Mohini, Asstt. Prof. of Sociology, PSPS Govt. College for Woman Gandhi Nagar, Jammu, Dr. Sushma Bala, Asstt. Prof. of Education, College of Education, Jammu. The inaugural session was graced by Prof. Meeru Abrol, Principal GCW, Bhagwati Nagar, Jammu.

JANUARY 2024

12.01.2024:- National Youth Day on the birth anniversary of Swami Vivekananda was organized in the College. A series of activities during the weeklong celebration was organized by Red Ribbon Club of GDC Paloura Jammu. A one minute speech competition under the theme: "Arise, Awake and Realize the Power You Hold" was also held in the College.



FEBRUARY 2024



26.02.2024:- Students of English(Major), GDC Paloura attended and successfully completed Three Days workshop organized by Department of Linguistics & Literature, Cluster University of Jammu.

MARCH 2024

01.03.2024:- NCC Units of GDC Paloura organized Pulse Polio Immunization Awareness Rally in Mishriwala Market. The event was the part of 3 day long Pulse Polio awareness programme being carried out by the College from 01 March 2024 to 03 March 2024.



FACULTY ACHIEVEMENTS & PUBLICATIONS:

Ms. Geetanjali Multani, Associate Professor (Department of English)

- Was awarded Certificate of Excellence for successfully fulfilling all requirements of Six-Month Online Mentorship Programme (RMP) on Romantic Literature 21 Century Perspectives organized collaboratively by The Collegium of Publishers and Literature and Creative Writing, Departments of Leading Universities, hosted in India by AIFEST from 01.04.2023 to 30.08.2023.
- Attended and presented research paper in Three Day Virtual International Conference on Gender Perspectives and Representations: Breaking Barriers and Building Bridges held at the VIT- AP School of Social Sciences & Humanities from 20.06.2023 to 22.06.2023.
- Attended and presented research paper in National Seminar on Confluence of Tales, Myths and Culture in Literature organized by Department of English at PSG College of Arts and Science, Coimbatore (Blended Mode) on 04.08.2023.
- Attended and presented research paper in International Conference on Revisiting History, Ethnicity and Myths in Literature organized by Amity School of Languages at Amity University Rajasthan, Jaipur, India (Blended mode) on 19. 10. 2023.
- Published research paper titled, “Breaking Barriers: The Use of Myth in Volga’s The Liberation of Sita” published in Tales, Myths and Culture. Ed. Dr Bindra. Paperoin Publication. Raja Rammohun Roy National Agency for ISBN. Department of Higher Education, Ministry of Education of India ISBN: 978-81-969050-1 on 01.01.2024.

Dr. Sanjay Kotwal, Associate Professor (Department of Zoology)

- Successfully completed NEP 2020 Orientation and Sensitization Programme under Malaviya Mission Teacher Training Centre, National Institute of Educational Planning and Administration, New Delhi from 11.03.2024 to 20.03. 2024.
- Published research paper titled, “Preferential Nesting Trees of Some Common Birds in District Udhampur Jammu & Kashmir (UT), India” in International Research Journal of Environmental Science on 13.01.2024.

Dr. Sapna Sharma, Associate Professor (Department of Chemistry)

- Attended and presented papers in One Day National Seminar on Climate Change and Disaster Risk Reduction: Making Sustainability a Way of Life organized by Govt Degree College for Women, Kathua on 19.05.2023.

Dr. Pinky Manhas, Assistant Professor (Department of Environmental Science)

- 01.12.2023: Authored a text book titled Textbook of Environmental Studies. Kalyani Publishers. ISBN:978-93-5540-306-3.

Dr. Gaurav Kumar, Assistant Professor (Department of Mathematics)

- Participated in Instructional School for Teachers (IST) on Algebra and Number Theory hosted by North Eastern Hill University, Shillong and National Centre for Mathematics on 26.06.2023.

Ms. Kusha Sharma, Assistant Professor (Department of Education)

- Awarded by Jammu and Kashmir & Ladakh NCC Directorate, Jammu for achieving excellence in all spheres of training on 11.08.2023.

Dr. Shivani Sharma, Assistant Professor (Department of Education)

- Successfully completed Online One Week Faculty Development Programme on “Intellectual Property Rights” organized by Teaching Learning Centre, Ramanujan College, University of Delhi under the aegis of Ministry of Education, Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching from 23.01.2023 to 29.01.2023.
- Attended and presented papers in One Day National Seminar on Climate Change and Disaster Risk Reduction: Making Sustainability a Way of Life organized by Govt Degree College for Women, Kathua on 19.05.2023.

Mr. Arun Sharma, Assistant Professor (Department of History)

- Got Certificate of Excellence for the Contribution to Social Peace and Harmony by American University USA & United Nation University for Global Peace , Chairman Prof. Dr. Madhu Krishan And University's Indian Ambassador Prof. Dr. Kulbhushan Mothra Organized International Seminar on Promotion of Peace for Sustainable Development to make India Strong Retd. Maj Gen. Goverdhan Singh Jamwal, Avsm was the Chief Guest.

STUDENT’S ACHIEVEMENTS:



NCC CADETS BOYS

Achievements:

- 04 NCC Cadets of GDC Paloura got selected in TSC.
 1. Cadet Sourav Singh- (FCBC).
 2. Cadet Arun Singh Salaria- (Firing).
 3. Cadet Sajan Sharma (Firing).
 4. Cadet Aditya Sharma Obstacle Training.

It is first time that 04 NCC cadets from the same college got selected in prestigious Thal Sainik Camp.

NCC CADETS GIRLS

Achievements:

- SNIC ASSAM SUO Mahi Verma selected for SNIC camp at Assam she learned about different cultures and also got a best cadet award from ADG sir.





- Cadet Sonika Sharma 2 J&K Girls Bn GDC Paloura got selected in Thal Sainik Camp in Obstacle Training. This is for the first time that a girl cadet of GDC Paloura participated in TSC(Delhi).

SPORTS

Achievements:

- 31.05.2023 to 03.06.2023:- Harsh Anand the Fencer won Bronze medal in 3rd addition of KHELO INDIA GAMES 2022 at Lucknow.
- 13.02.2024 to 17.02.2024:- Ms. Suneha Attri and Mr. Karun Ghali both students of GDC Paloura won the Silver and Bronze medals in All India Inter University Wushu (Men & Women) Championship 2023-24 in which players from 131 Universities across the Nation in the men & women section participated.
- 2023-24:- Govt. Degree College Paloura won Over all trophy in Inter College Yoga Men's Championship.
- 2023-24:- Govt. Degree College Paloura won Over all trophy in Inter College Boxing Men's Championship.
- 2023-24:- Govt. Degree college Paloura won Over all trophy in Inter College Boxing Women's Championship.





- 2023-24:-Govt. Degree College Paloura won Silver medals in Inter College Archery Women's Championship.



- 2023-24:-Govt. Degree College Paloura won Bronze medals in Inter College Archery Men's Championship.



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